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# November 2020 NUTS & BOLTS Newsletter

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#### **Upcoming Events**

Breakfast - Tuesdays 7:00 am - Mercers 9720 W. Peoria.

**Breakfast** – Thursdays 7:00 am – George's Lakeview Restaurant

**Cruise-In at McDonalds** – On Bell near 99<sup>th</sup> Every Wednesday at 5:00 pm. McDonalds has requested that we not show up before 4:00 pm.

**Cruise-In at Peoria and 107th** – The corner of 107<sup>th</sup> and Peoria. (Across from Fairway. Every Friday at 4:00 pm.

#### 2020

**DECEMBER 7 – Ladies Luncheon** – 12:00 Angry Crab Shack 11340 W Bell Road Surprise

**DECEMBER** -

Please check the web page events entries for the most up to date and accurate information!

#### Letter from the President

The Windshield View.

All,

Welcome to more returning from the soon to be, if not already, Great Frozen North. I hope you all had a healthy and fun summer. By the time you are reading this we will have had our first and possibly only inperson general meeting. Changes are to be made to the Rules and Regulations to allow other than in-person voting and we should have a slate of officers approved for 2021.

I've decided to name this part of the newsletter "The Windshield View." It seemed appropriate as we should all be looking forward to good times, particularly since none of us really want to look back on too many parts of 2020. If there is anything you would like to know about the club, that I haven't addressed, please feel free to contact me. If I don't know the answer, I'll find someone who does.

Membership Director Alan Lund 248-496-9844 alund@corebms.com

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Newsletter Editor Verna Simmons 602-908-5262 vernaaz@gmail.com The new shop building is growing daily with about 12-14 feet of blocks erected at the time of this writing on Nov. 21. Speaking of shops, ours has been quite busy with projects of all descriptions. Thank you all for utilizing this great resource and proving the need. The new facility will have much more room so maintenance of required personal separation will be easier.

New opportunities to cruise and see each other are being researched and added to the events page of our website as they become a reality so please check often. Groups continue to go to Micky D's on Wednesdays and 107 & Peoria Friday evenings. Besides the usual swapping of tall tales there are a few pretty strong Cornhole players. We are working on an outdoor movie night and other cruise options, more to come on those. Outside of the mostly club activities above there are cruise-ins on Friday at Sam's Club on Bell at loop 303 and Saturday at the Mixteca restaurant on Bell at 67<sup>th</sup>.

It has been recommended that those who have travelled from other parts of the country consider self-quarantining for a couple of weeks. That is, of course, up to the individual and what level of exposure you feel you may have had. Face coverings are still required within any RCSC buildings and optional for other locations.

There are new credit card options for purchasing apparel or paying club dues at the shop. Ask your desk monitor or Ed Gordon or Kevin Cole.

I hope you all had a Happy Thanksgiving and have a Merry Christmas. Since 2020 has been kind of a drag, I'm sure we are all looking forward to a Happier New Year.

Les Litzenberger 509-430-1625

Submit newsletter articles and pictures to: vernaaz@gmail.com.

## **Favorite Recipes**

Thank you, Connie Sherman for your Healthy snack recipe.

## Pathways to Spirit Healthy Snack Recipe

For Pathways to Spirit
Healthy snack recipe

- 1. 1 cup quick oats
- 2. 1cup moist coconut
- 3. 1/2 cup natural peanut butter
- 4. 1/3 cup natural honey (reduce by half if you want less sugar
- 5. 1/4 cup ground flax seed meal
- 6. 1/4 cup toasted wheat germ
- 7. 1 tsp vanilla
- 8. 1/4 cup mini choc chips (or carob)

Add dried fruit as an option

Mix all in a bowl, drop on parchment, press together FIRMLY!! Roll into bite size balls FIRMLY PRESSED together (tightly) put into a bowl and refrigerate

#### I will need recipes for future newsletters. Please email to vernaaz@gmail.com

### Ladies Luncheon 11/2/2020

Line Thai Restaurant





# Halloween Cruise Friday 10/30/2020



















# Friday Cruise 11/6/2020





## Veterans Day Tribute Cruise 11/11/2020







I want to thank those that provided articles and pictures for the Newsletter –Herb Carson, Connie Sherman, Carol McDade, Yvonne Ahrens, Jim Wersching. Verna Simmons

## **Builders Corner**

Jim Wersching

My wife Judy and I have owned a home in Sun City for 11 years now and have been VVSC members since it's beginning. We are the typical "snow birds" and have our permanent home in the rust belt of Bartlett, Illinois. We typically drive to beautiful Sun City in October, fly home for the holidays and then drive back to Bartlett in May. But with Covid-19, our plans changed. We decided to not come until January this winter.

That being said, I needed a project to keep me busy until we left, otherwise I would go CRAZY! I've been "Restifying" cars for over 30 years as a hobby. My projects of choice are GM 1960's and early 70"s cars. I found a "rusty" 1972 Olds Cutlass Supreme that fit the bill. It needed rear quarters, trunk lid, drivers floor pan and patches on the fenders and doors. Plus, interior. But it started and drove, solid 350 engine/trans and seemed fairly good mechanically. Just the way I like them. I enjoy doing all the work myself from bodywork, paint and interior to light mechanical work such as brakes and suspension work. This should keep me busy until Christmas.









I got the engine running pretty good with a tune-up. Compression was good. Changed belts and hoses and did a little detailing. I picked up the front floor pan, rear quarter panels and outer wheel houses from a local supplier, The Parts Place in Dekalb, ILL. I ordered the front fender patch panels on line and just received them last week. Interior I found at OPG and have got the front buckets done: still have the headliner and carpet to do. My plan is to have the bodywork all in primer and the interior mostly done by the time we leave to return to Sun City. I'll have next summer to finish it. Attached are some photos of my project: before, during and up to date as of November 10<sup>th</sup>. Enjoy.







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